

KOREAN BBQ BEEF

BLEND INTO A SAUCE

- 15-ounce can **pears**, *drained (or 2 fresh pears, cored)*
- one 2-inch knob of **ginger**
- 4 cloves **garlic**, *peeled*
- ¼ cup **soy sauce**
- ¼ cup **brown sugar**
- 1 tablespoon **sesame oil**

FREEZE SAUCE WITH

- 2 lbs. beef chuck or **top sirloin**, *cut into 6 pieces*

INSTANT POT

High Pressure 45 mins

*(65 minutes for beef chuck)
10-minute natural release*

SLOW COOKER

High Setting 4 hrs

Thaw ingredients first

FINAL STEP

Serve in rice bowls or fusion-style burritos or tacos with kimchi, rice, slaw, spicy mayo, etc.

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